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During the Coronavirus restrictions, Volunteer Action can offer the following services:



**Transport to medical appointments** (charges apply)



**Free Prescription collection & delivery service**



**Food shopping and delivery** (charges apply)



**Friend-on-the-phone service.** A weekly phone call with one of our volunteers, for a chat and a link with the outside world, if you are in lock-down.

**Do not hesitate to call us. If we cannot help, we may know someone who can.**

We hope to be able to offer our regular services soon.

**WE STRONGLY RECOMMEND YOU FOLLOW ALL CURRENT GOVERNMENT GUIDELINES**

Supported by



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